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Date: 4/13/2020

Activity: **Lending Library of Materials; Anchor Center's Grab n Go**



Brief description of activity:

“Calling Anchor Center families! Would you be interested in a pop-up lending library of educational materials? Located in the Anchor Center parking lot, this grab & go library would allow families to borrow materials for lessons and activities from the Anchor Center. If this

sounds helpful, please use this GoogleDoc to let us know!

https://docs.google.com/forms/d/e/1FAIpQLSeYsI6FoVFzMXtAUODNvfQ5WOM6qRmpGR8VsWc5JLSiI0zRqw/viewform?usp=sf_link”

We miss You !!



Come to Anchor Center's

Grab & go

To borrow materials this
week!

Materials (if needed): Complete [this link](#) to borrow materials. Any friend or family member can pickup the materials, from the Anchor Center Parking lot. *request special accommodations if you are unable to pickup.

Target areas (how this learning is meaningful to students): Think creatively, look at how you can arrange furniture and materials around your home. What do you need to help you set up a child led, learning environment at home?

Setting up the environment.....

Think like an Anchor Center teacher! How can you **use any materials around you** to set up the environment to most motivate or encourage your child to move or play?

Consistency....

Using a consistent location sets up the environment for our daily activities, we wouldn't brush our teeth in any room except the bathroom, would we? Seeing your toothbrush laying on the bathroom counter is a visual cue that it's time to brush our teeth.

Try to set up some consistent places for your child in your home. Borrow familiar equipment from Anchor Center!

Here are a few examples of consistent materials we use in our routines.

- **A chair- What do we do when we are sitting in our cube chairs/tumbleform chairs?** We sing Hello, check the weather, look at the calendar
- **Yoga Mat;** stretch, sing songs, massage our body with lotion, putting on our shoes, taking off our shoes, exercise
- **EZ/PZ Plate & Place mat;** wash cloth washing our hands, eating a snack, exploring textures by touch, exploring foods by smell, eating lunch

Why do we like eating using EZ PZ plates?



Even a child that may need assistance positioning, even a few fingers or the back of their hand, can explore food and textures by touch.

Tip: position the placemat where they can comfortably move their hand independently.

Tip: use hand-UNDER-hand guidance, never force a child to touch, follow the child's lead!

Tip: Some children don't like feeling sticky- keep a wet and dry towel next to them to wipe their hands.







Tip: different designs of EZ-PZ mats may grow with and encourage kids to work on fine tuning fine motor skills!