



1. Do a toy inventory with your child and choose ones that seem to increase his/her visual attention. The colors red, yellow and orange often draw a child's visual attention best. Place the toys in a box or basket and help your child decorate the box using whatever materials you have at home: tape, fabric/glue, markers, etc.
2. Locate items in your home that are shiny and easy to move: scarfs, bright wrapping paper, slinkies, etc. Place these items in a box for you and your child to explore together or hold them against the light for your child to look at.
3. Create a small area in your home where you can control the lighting (pulling shades, a corner away from direct light). Using the flashlight (phone or regular), play shadow games on the wall with your child. Shadows are often very interesting to children with CVI and will capture their visual attention. Encourage your child to make their own shadows. Get creative and use different objects or cut some out of thick paper to experiment with.
4. "Find the Red Dots" game: If you have bright red paper or other materials, secretly hide them in easy to find areas of your home. Challenge your child to a game of "Finding the Red Dots". If they find them all, give them a treat.
5. Spring egg hunt: similar to "Find the Red Dots" but with eggs. I would recommend bright red food colors.
6. Pots and Pans exploration: (although this isn't specific to CVI, it is interesting for children and THEY LOVE IT). This activity can get noisy!!! Using a few of your pots and pans, place them on the floor next to your child and show them how to touch the pots and pans using their hands, feet, arms, legs, etc. This is great for body awareness and prepositions (in, on, under, over, next to, between, etc.). Using wooden spoons or other kitchen utensils, show your child how to use them to make interesting sounds against the pots and pans (tapping with fingers vs tapping with a wooden spoon). I've used a little ice in the pots and pans to bring in conversations about temperature and sound.