



Fun ideas in the kitchen:

Playing with spoons! All kinds of spoons, measuring, serving, metal, wooden, plastic, slotted, etc. Let children explore the spoons, talk about their differences, their properties, and their individual uses.

Playing with bowls! Allow your child to explore all kinds of bowls and containers; plastic, metal, ceramic. Let them bang with their spoons, drop different materials into the bowls, and try to put lids on them too.

Sorting silverware... give your child some silverware and a silverware tray to explore and begin to sort them. You can talk about metal, plastic, big, small, etc.

An easy recipe for uncooked clay-dough

4 tablespoons flour

2 tablespoons salt

3 tablespoons water

1. Mix dry ingredients together.
2. Stir in water.
3. Add more water or flour until dough forms a non-sticky ball

This makes enough clay for one child.