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Activity Name: Imitating the Actions of Others - A fun game to play with siblings or parents.

Materials Needed: None

Directions: Have the older child stand in front of the child. Say to the child “We are going to play Simon Says.” Both children will stand (or sit) for this activity.

- Make sure the older child is positioned where the child can see her movements, anywhere from 8 inches to 3 feet away.
- Have the older child say to the child, “Simon says, put your hand on your tummy.” Have the older child demonstrate the movement and ask the child to imitate the older child.
- Continue the activity with prompts such as “Simon says, put your hand on your head,” “Simon says, put your finger on your nose,” “Simon says, touch your shoe,” and “Simon says, wave hello.”
- If the child is enjoying the interaction, continue with other prompts.
- If the child is having difficulty following the prompts, stand (or sit) behind her and physically help her by guiding her movements.

This activity enhances body awareness, body part identification, and following directions.

(This activity was found in, Everyday Activities to Promote Visual Efficiency by Trief & Shaw)