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Activity Name: Make-At-Home Bowling Game

“Make-At-Home” Bowling Game

This game is fun for the whole family but it is particularly geared towards children who have Cortical Vision Impairment (CVI) - a brain based visual impairment. Have your child help build this easy to make game.

MATERIALS:

- Repurposed clear plastic water bottle (6-10)
- Red Mylar paper or another shiny material (2-3 square feet)
- small string lights or finger lights -(on Amazon or at Walmart in craft section). You’ll need (6-10 sets)
- Medium-sized ball (for bowling ball)

PROCEDURE:

1. It is important that your child have a chance to explore all of the materials prior to making the bowling pin. Encourage them to touch and make sounds with the materials. Caution: string lights are very small and may become a choking hazard. Keep out of reach until you are ready to help your child place them in the bottle.
2. Cut up small strips of Mylar paper.
3. Have your child put strips of Mylar into the bottle along with the string or finger lights (providing assistance as needed). The black battery case for the string lights can also be wrapped in Mylar so it doesn’t show through the bottle. String lights take two AA batteries. Turn lights on before placing them in the bottle.
4. After Mylar and lights are placed in the bottle, seal by taping Mylar over the top. You can also use a hair tie.

5. The “bowling pins” are now ready to use. Set them up in a dark room so they shine brightly. You can use a typical bowling pin placement or just place them in a group. A hard surface works best.

6. Help your child to “roll” the ball towards the pins to knock them down. Think about the diverse ways children can use their bodies during this game. Some may use their feet or need your full assistance to touch the ball to a pin. Be creative and open-minded about how your child might want or need to play this game. Great for developing social skills and turn-taking.