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Title: **Tactile Experience Booklets**

Materials:

- Cardboard, old book covers, cereal box pages, etc.
- Glue or tape
- Variety of objects that you don't mind cutting up or glueing onto the cardboard (some examples):
 - Foam
 - Old fabrics
 - Sandpaper
 - Bubble wrap or other shipment materials
 - Old keys

Have your child choose some materials of interest and then make a little sensory booklet using 1 object per page using an adhesive.

Keeping safety in mind, you can use textures that can be washed beforehand.

For more specific themes, you can adapt tactile experience booklets to match textures from a book or activity your child enjoys. Books can also reflect activities you and your child do together:

- exploring plants (dirt or potting soil, a piece of broken pottery, small shovel or old spoon, etc.)
- laundry (cut up pieces of old clothes)

Be creative and have fun!!