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Activity Name: Cereal Drop (Placing Cheerios or raisins into a small hole in a container).

Materials Needed: Small box of raisins or ½ cup of Cheerios and a covered plastic container with a ½ inch hole cut in the top.

Directions: Seat your child in an upright position at a table with a tray in front of him.

- Choose either Cheerios or raisins for this activity. The choice should be determined by which item makes the best visual contrast with the tray as well as which the child prefers as a finger food.
- Place a small amount of raisins or Cheerios in front of the child
- Place the plastic container in the child's best visual field
- Say to your child, "Put a raisin/Cheerio in the container."
- If your child does not understand how to do the activity, use hand-under-hand guidance to demonstrate.
- Once the child picks up the raisin/Cheerio and puts it in the container, say, "Let's try that again."
- Once the child places all of the raisins/Cheerios in the container, open the top of the container and let the child eat the contents for a snack.

This activity works on fine motor skills, visual-motor skills, and finger feeding.

(This activity was found in, Everyday Activities to Promote Visual Efficiency, by Trief & Shaw)