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Activity: Homemade Textured Books

Materials:

1- cardboard

2- paper

3- scissors

4- glue; white Gorilla Glue works well as it foams up and holds the materials well

4- different materials with a variety of textures to glue on cardboard pages

5- Metal ring clasps

Directions:

Cut the cardboard to the size of a book that you like. If you'd like you can glue a background color of paper first so that the textured item has good contrast. Yellow, black or any color really would work well. Then glue the different textures on each page. Label the texture for reference. Place a ring through the top left side to keep the book together.

Target Areas: Deaf-blind, fine motor, sensory, concept development

Getting little hands to explore is really important and this is one way to encourage curiosity and tactile exploration, plus it is an opportunity to build understanding of concepts. This is also the early stages of learning how to associate materials in relation to each other. How different and how similar they can be. Remember using hand under hand is our method for tactile support along with wait time. Take it at your child's pace. Don't grab their hands. Be sure the materials are larger than the width of a toilet paper tube or it could potentially be a choking hazard if it comes off the cardboard. Have fun and be creative with all the different textures you can find and teach.