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Activity: **Jello Slim**

Description of activity:

We will be making Jello Slime! This is a fun (and messy) sensory activity. You can order this on Amazon or pick up from King Soopers. The directions are on the tin and below. You can also find homemade recipes online if you are feeling adventurous.



Materials:

1. Container of Jello Play Slime
2. Water

Instructions:

1. Measure 3 scoops of slime mix into a bowl
2. Pour 1 scoop of warm water into bowl
3. Stir
4. Add a little more water depending on the texture you want
5. Play

***Note: this is edible but not necessarily a delicious meal! Cleans well with warm water.

Grading:

- Use a clear bowl with a flashlight to highlight the experience
- Drip slime over your child's hands
- Work on visual attention by using a flashlight on the slime as it drips
- Kids can work on squeezing, pulling, pushing, and rolling the slime
- Place the slime in a Ziploc bag if the sensory input is too strong, and your child can interact with it through the bag.
- Hang the bag with the slime on a window when the sun is coming through and let your child push the slime around. This could also be a good tummy-time experience if it is appropriate for your child.
- Add beads or other objects to your slime and have your child feel for them and pick out.

Target areas:

Sensory exploration, tactile discrimination, visual attention, independent living skills, recreation and leisure.

Video Link: Click to watch a demonstration of this activity:

<https://youtu.be/FDa0DI5rUMQ>