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Activity: **Making a picture book, “My Favorite Things”**

Brief description of activity: Use a camera, smartphone and/or tablet to create a photo book of your child’s favorite things.

Materials (if needed): Camera, smartphone or tablet to take pictures.

You can also use a printer or Walgreens photo online to print pictures or look at the pictures on the screen...

***Did you know that screens provide backlighting that can sometimes aid a child in seeing. Sometimes additional lighting can help initiate (catch a child’s visual attention) or maintain a child’s visual attention.

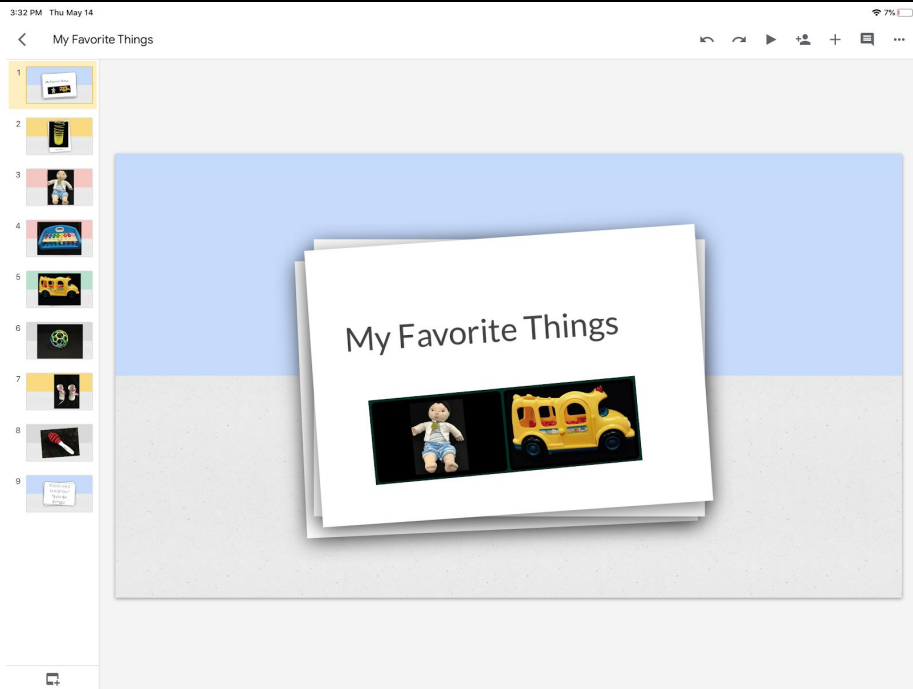
Instructions: <https://www.pathstoliteracy.org/strategies/my-favorite-things>

- Take pictures of your child’s favorite things.
- Take a careful look at the lighting, how can you make the picture easier to see?
- Take a careful look at the background; how can you create high contrast between the object and whatever is behind the object?
- Favorite “Things” may include toys, people, snacks or places in your home!
- Take a look at this [example here](#)

Target areas (how this learning is meaningful to students): **I can look at a picture.**

Research shows that the first pictures the brain is able to recognize and interpret are photographs of your favorite, familiar things.

- Familiar objects are easier for the brain to interpret, because the brain has had the most experience looking at them.
- Having high contrast between the object and it’s background makes the object or picture easier to detect.
- Children can use the objects and pictures to make a choice, or communicate a message or feeling.



Choice-making: “Look at the picture of the toy you want” using visual eye gaze

Your child can be an active participant in the activity by matching the object to the picture.