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Activity: Nature (tactile) Memory Card Game

**Brief description of activity:** Since the sun has been shining and we are all taking more walks lately, let's make a game out of it! Bring a bag or something to carry items with on your walk, and as you explore, pick up items you like; sticks, rocks, leaves, woodchips, bark, etc and grab 2 of each! When you get back home, you can glue them to cardboard and make your own tactile nature cards to set up a memory game!

**Materials (if needed):**

- Bag/container to hold items
- Collected items from outside \*this can also be done inside! You can use pasta noodles, beans, twist ties, rubberbands, paperclips, etc
- Card board cut into approx 4x4" square (the flaps off cardboard boxes are great to use!)
- Glue

**Instructions:**

1. Collect wanted items, remember- 2 of each! \*texture is more important than exact shape!
2. Glue items onto cardboard cards- let dry
3. Play a memory game by shuffling the cards and laying them face down. Take turns with your child by flipping over 2 cards at a time until you can find a match. Caregivers, challenge yourself by not using your eyes and only your hands!

Target areas (how this learning is meaningful to students):

**Cognition: Practicing memory skills can help students executive functioning with recall, problem solving, self-correction, focus, and sustaining attention.**

**Sensory: Practicing tactile skills with all kinds of materials in different environments will help build sensitivity, contextual information, and willingness to explore.**