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Activity: Summer Fun!

*SUMMER IS A PERFECT TIME TO EXPLORE SENSORY ACTIVITIES WITH YOUR CHILD*

1. Texture balloons

Materials:

Deflated balloons (package)

Rice, water, beans, corn meal, sugar, corn starch, etc

Allow your child to explore some of the above materials and choose one type to fill a small balloon. You can have your child help by holding the balloon, finger pinch some of the materials to try and drop them into the small opening.

Tie off the balloon top. Now your child can safely explore a variety of textures by squeezing, dropping or floating/sinking in water!! They're great stress reducers for parents too. J

2. Sticky box

Materials:

Tape, stickers, other sticky things

Help your child explore the concept of sticky by placing tape or stickers on a surface or just touching. Tape makes an interesting sound for your child to hear.

3. Jello fun

Materials:

Jello flavors of your choice, bowl, spoon, cooking instructions, fruit, etc

Following preparation instructions, make the jello, having your child safely help you with activities such as pouring, measuring, etc

Pour jello to cool on a cookie sheet. After jello is fixed, help your child cut out shapes to play and explore. You can use cut up fruit, play with jello in a tub or small play pool or taste!!!

HAVE FUN AND TAKE PICTURES TO SHARE WITH YOUR ANCHOR  
FAMILY!!!!